

Action Alliance for Suicide Prevention (AASP)

Date: July 30, 2018, 1:00-3:30pm

Webinar with an in-person option: Department of Health Tumwater office, TC1, Room 337



Attendees: John Wiesman, Camille Goldy, Cheryl Sanders, Colbie Caughlan, David Dickinson, Dawn Williams, Donn Marshall, Erin Edelbrock, Janice Baumgardt, Jeff Rochon, Joe Holliday, Julie Garver, Levi Van Dyke, Karie Rainer, Roy Walker, Sigrid Reinert, Greg Simon, Vicky Lowe, Jenn Stuber, Brett Bass, George Banks, Cal Beyer, Beth Vandehey, Pama Joyner, Ben Dilon, Mike Ellsworth, Dan Overton, Colleen Thompson, Duncan McQuarrie, Billy Reamer, Therese Hansen, Daisye Orr, Ryan Black, Peter Schmidt, Dipti Chrastka, Kirstin McFarland, Lori Lippold, David Windom, Neetha Mony

Meeting Notes

Topic	Lead	Notes	Discussion
Welcome and agenda review	Sec. John Wiesman, DOH		
Introductions	ALL		
Safer Homes Coalition	Jennifer Stuber, Forefront Suicide Prevention Brett Bass, Forefront Suicide Prevention	<ul style="list-style-type: none"> • Safer Homes is a public-private partnership led by Forefront Suicide Prevention. They promote the safe storage of medications and firearms to prevent suicide. • The focus of the firearm subcommittee is men in the middle years and they aren't showing up in mental health care. • Safer Homes, Suicide Aware is a public awareness campaign. • Safer Homes has about 25 trained volunteers for community events, like at gun shows. Each structured conversation takes about 15 min. • The coalition has worked with other agencies to create suicide prevention materials and training, including hunter safety, pharmacists, and all healthcare providers. • Review possible plans for the next biennium. • Website: SaferHomesCoalition.org • Social media: https://www.facebook.com/saferhomeswa 	<ul style="list-style-type: none"> • Question: How many firearm safety instructors are in the state? <ul style="list-style-type: none"> ○ Answer: No idea. No entity collects that information. It's challenging getting accurate data. • Question: How are veterans incorporated in this work? <ul style="list-style-type: none"> ○ Answer: Currently have staff training to be a WA Dept. of Veteran Affairs peer counselor. Have applied for a Boeing grant focused on veterans. Brett will also work with veterans in higher education. • Question: How is this work aligned with Seattle Children's gun safety work and King County's Lok-It-Up? <ul style="list-style-type: none"> ○ Answer: Those organizations are more youth-focused and Safer Homes is more focused on men in the middle years. They give out Safer Homes materials at their events too.
Review the Decision Package	Colleen Thompson, DOH Neetha Mony, DOH	<ul style="list-style-type: none"> • The decision package focuses on: <ul style="list-style-type: none"> ○ What's the foundation we need in WA that can be built upon? ○ How do we take existing, promising work to scale? 	<ul style="list-style-type: none"> • Questions: Will there be a roadmap for recommendations that don't make it in the package this year. <ul style="list-style-type: none"> ○ Answer: Yes, we'll continue to keep track of priorities mentioned.

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		<ul style="list-style-type: none"> The 4 components are: educational campaigns, crisis hotlines, statewide specialists, and local resources. 	<ul style="list-style-type: none"> Comment: It looks very comprehensive. Comment: Treatment is lacking. Maybe include a recommendation for DBT training. Comment: More timely access to Vital Statistics data. If this is a resource issue, then increase resources. Comments: Other groups to mention include employers, labor unions, first responders, and Managed Care Organizations (MCOs).
Announcements	ALL	<ul style="list-style-type: none"> I-1639 received enough signatures for the Nov. ballot. Oct. 22-23 is the Western States Conference on Suicide in Boise, ID. The National Action Alliance for Suicide Prevention in partnership with AFSP and United Suicide Survivors International is working on developing a national set of guidelines for workplace suicide prevention that will be published until later this year. Contact Sally Spencer-Thomas to learn more. DOH will host a GoToWebinar on legislation going forward, including the suicide prevention decision package. We will send out an invite. 	<ul style="list-style-type: none"> Other Workplace resources: <ul style="list-style-type: none"> The Working Minds training program was adopted by the Colorado Depression Center and relaunched this past June. <ul style="list-style-type: none"> Construction Working Minds A tool to help workplaces start a gap analysis to determine “how mentally fit is our workplace?” and it includes components for suicide prevention. “Resilience at Work” helps workplaces develop comprehensive and sustained suicide prevention and mental health promotion strategies.
Summary and Path Forward	Sec. Wiesman		The next meeting will be an in-person meeting with a webinar option 9:30-11:30am on Sept. 6 at the DOH Kent office.