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Minutes of the Board of Physical Therapy

August 21, 2023

Hybrid Meeting

Lacey Community Center, Woodland Creek Community Park, 6729 Pacific Ave SE,

Olympia, WA 98503

Virtual Meeting via Zoom

Members present: Rodney Copes, Physical Therapist, Vice-chairperson; Jennifer Aglubat, Physical Therapist; Kathryn Dale, Physical Therapist, Chairperson; Jeffrey Foucier, Physical Therapist; Destini Jammeh, Physical Therapy Assistant; Celeste Misko, Physical Therapist

Members absent: None.

Staff present: Jennifer Santiago, Executive Director; Allyson McIver, Program Manager; Madissen Schatz, Administrative Assistant; Lilia Lopez, Assistant Attorney General; Davis Hylkema, Program Assistant; Tessa Harvey; Policy Analyst; Rachel Sahi, Paralegal; Zehra Siddiqui, Policy Analyst

Guests and other participants: Benjamin Boyle, Chief Clinical Affairs Officer, IRG Physical Therapy Hand Therapy; Miranda Bunge, PT, DPT, CMTPT, Dizzy Gone; Maggie C. Catlin, D.P.T., P.T., S.C.S., UW Medicine; Jan Dommerholt, PT, DPT, MPS, President, Myopain Seminars, Bethesda Physiocare; Leslie Emerick, Owner/Partner, Emerick & Bloom; Claire Horn, PT, Providence St. Peter Hospital; Kristine McGinley, LAc, Owner, Kristine Acupuncture, Professional Member, Acupuncture & Eastern Medicine Advisory Committee; Kinnari Nakrani, B.P.T, Human and Health Performance Institute; Erica Owens, Executive Director, APTA Washington; Robin Schoenfeld, PT, Management, MTI Physical Therapy; Chaiya Sherman, DOAM, The Village Acupuncture and Health Clinic; Lisa VanHaagen, BA/BS, MS, EAMP, LMP, Acupuncture & Integrative Medicine, Acupuncture and Eastern Medicine Advisory Committee; Melissa Johnson, JD, Lobbyist, Bogard & Johnson, LLC

1. CALL TO ORDER

Kathryn Dale, chairperson, called the public meeting to order at 10 a.m..

1.1. INTRODUCTIONS – The board and staff introduced themselves.

1.2. APPROVAL OF AGENDA

Motion: Amend the agenda to remove item 7. Group Photo. Approve August 21, 2023, agenda as amended.

Motion/Second: Vice-chairperson Copes/Dr. Misko. Approved unanimously.

1.3. APPROVAL OF JUNE 12, 2023, MEETING MINUTES

Motion: Approve the June 12, 2023, minutes.

Motion/Second: Dr. Aglubat/Dr. Jammeh. Approved unanimously.

2. OPEN FORUM

The public was provided an opportunity to address the Board on issues of significance affecting physical therapy practice that are not related to topics for which a rules hearing is scheduled.

Public comment- None

3. RULES HEARING FOR WAC 246-915-085

The Board held a rules hearing for the proposed change to WAC 246-915-085, continuing competency regarding health equity continuing education.

3.1. PUBLIC COMMENT PERIOD

Dr. Dale, chairperson, called the public hearing to order at 10:06 a.m. and read from a prepared statement (on file).

Public comments- None.

Dr. Dale, chairperson, adjourned the public hearing at 10:16 a.m.

3.2. BOARD DISCUSSION

Motion: The Board adopts the proposed revisions to WAC 246-915-085, as published in WSR 23-01-047, with any revisions described and agreed upon by the Board at today's meeting.

Motion/Second: Approved unanimously.

4. FEDERATION OF STATE BOARDS OF PHYSICAL THERAPY

4.1. LIF REPORT-OUT

Dr. Copes led the Board in a discussion about the Leadership Issues Forum (LIF) which he attended on July 15-16 in Arlington, Virginia. This is an annual meeting in which the Federation of State Boards of Physical Therapy (FSBPT) invites voting delegates and administrators from all jurisdictions, as well as other stakeholders, including committee chairs and representatives from the American Physical Therapy Association (APTA), Commission on Accreditation in Physical Therapy Education (CAPTE), and American Council of Academic Physical Therapy (ACAPT).

4.2. SELECT A SECOND BOARD MEMBER TO ATTEND THE FSBPT ANNUAL EDUCATION CONFERENCE IN OCTOBER

Dr. Aglubat shared that the Nominating Committee announced the slate for this year's elections, to take place virtually during the Annual Education Meeting, October 19-21, in Jacksonville, Florida. Chairperson Dale, Member Foucher, and Ms. McIver will attend.

4.3. COMPACT COMMISSION UPDATES

Dr. Aglubat shared that the Physical Therapy Compact Commission Special Meeting was held on June 27, 2023. The rule and bylaw amendments were adopted. The next meeting will be held on October 22, 2023, in Jacksonville, Florida.

5. CORRESPONDENCE

The Board reviewed and discussed any correspondence received since the last meeting.

5.1. REQUEST FOR LISTS AND LABELS

5.1.1. CEU RESOURCE LLC

The Board reviewed an Application for Approval to Receive Lists from CEU Resource.

Motion: Approve CEU Resource to receive lists and labels.

Motion/Second: Member Foucrier/Member Aglubat. Approved unanimously.

5.2. SCOPE OF PRACTICE INQUIRY REGARDING PESSARY FITTING AND MANAGEMENT

The Board reviewed an inquiry about the scope of practice in the state of Washington in regard to pessary fitting and management.

Motion: Provide a written response to the inquirer regarding pessary fitting and management. The response will cite the discussed statute and refer to the APTA Position Statement discussed and referenced in the meeting packet.

Motion/Second: Dr. Aglubat/Dr. Foucrier. Approved unanimously.

6. FALL NEWSLETTER ARTICLE DISCUSSION

The Board decided on topics to include in the fall newsletter and decided who will write the articles.

- Chairperson Dale- Current rules in progress
- Vice-chairperson Copes- Overview of topics and projects from LIF
- Member Aglubat- Physical Therapy Compact
- Member Foucrier- Artificial intelligence
- Member Misko- Professional and legal responsibility – Supervision of assistive personnel
- Member Jammeh- Provider Credential Search Tool

7. INTRAMUSCULAR NEEDLING RULES DISCUSSION AND WORKSHOP

The Board held a rules workshop regarding intramuscular needling endorsement.

Public Comments:

Claire E. Horn, Providence

Dr. Horn inquired about the intramuscular needling endorsement process.

Miranda Bunge, Dizzy Gone

Ms. Bunge pleaded that the Board allow physical therapists to perform intramuscular needling now to obtain the 150 hours of clinical experience, and to consider an interim permit process to allow folks who meet the requirements to start dry needling right away. She added that the APTA Washington has incorrectly stated that qualified providers must be licensed in the state of Washington.

Melissa Johnson, APTA Washington

Ms. Johnson reiterated the training and education requirements for the endorsement and shared that APTA Washington updated the Frequently Asked Questions on Dry Needling on July 27, 2023.

Lisa H. Vanhaagen, Acupuncture & Integrative Medicine

Ms. Vanhaagen shared her concerns regarding 75 hours of in-person intramuscular needling instruction covering multiple topics. She stressed the importance of practicing hands on needling during that 75 hours of in-person training. Ms. Vanhaagen suggested that acupuncturists should be involved in the definition of intramuscular needling, and a statement should be drafted differentiating a physical therapist's role in intramuscular needling from an acupuncturist's.

8. PROGRAM REPORT

8.1. BUDGET REPORT

Allyson McIver presented the Physical Therapy Budget Report for the Period of July 1, 2021, to June 30, 2023.

- Beginning Fund Balance (377,498)
- Revenue 1,334,695
- Expenses 1,809,504
- Est. Ending Fund Balance (852,307)

8.2. RULEMAKING UPDATE

Allyson McIver shared the following updates:

- A CR-103 for WAC 246-915-120 Foreign educated applicants, was filed on August 01, 2023, as WSR 23-16-125. This rule will be in effect September 1, 2023. This rule will update the Test of English as a Foreign Language (TOEFL) passing scores and remove a requirement related to an accredited program for licensure as a physical therapist.
- Ms. McIver will file a CR-103 for health equity continuing education for the physical therapy and physical therapy assistant profession, WAC 246-915-085. The Board is proposing an amendment in rule to establish health equity continuing education (CE) requirements to implement Engrossed Substitute Senate Bill 5229 (ESSB 5229).
- The Board will hold a second rules workshop on October 02, 2023, to continue discussing the intramuscular needling endorsement. Ms. McIver and Member Foucrier will present a draft to the Board at that time.

8.3. BOARD MEMBER RECRUITMENT UPDATE

Ms. McIver shared that the Board is still actively recruiting to fill the public member position.

8.4. PLANNING FOR UPCOMING MEETINGS

- Rules workshop for the intramuscular needling endorsement

- Fall newsletter
- Group picture
- Topics for discussion at the FSBPT Annual Education conference

The Microsoft Teams platform will be used for future meetings.

9. CONSENT AGENDA

The items listed under the consent agenda (informal items) are considered routine matters and are approved without discussion upon approval of the agenda.

9.1. Q2 NPTE survey results

9.2. FSBPT CPR score

10. ADJOURNMENT

MOTION: A motion was made to adjourn the meeting at 11:58 a.m. The motion was seconded and passed.

The meeting was adjourned at 11:58 a.m.

Kathryn Dale, PT, DSc Chairperson

Allyson McIver, Program Manager