

## Parks Rx Task Force Meeting #3: Meeting Notes

Monday, December 6, 2021, 1:00p.m - 3:00p.m.

Webinar via Microsoft Teams

### Attendees

Task Force members: Chris Bandoli, Terri Drexler, Hunter George, Cindan Gizzi, Cindy Green, Carrie Hoiness, Amanda McCarthy, Beth Mizushima, Steve Montague, Bob Perkes, Rob Stevens, Pooja Tandon

Guests: Jennifer Greene, Amy Ellings, Theresa Sanders, Chris Zipperer, Melissa Johnson, Jackie Berry

Topic	Notes	Next Steps
Opening, Introductions and Announcements	<p>Task Force (TF) members provided introductions, and Theresa Sanders was introduced as the new Parks Rx Taks Force Coordinator.</p> <p>Announcements:</p> <ul style="list-style-type: none"> <li>• Website is in development</li> <li>• TF members will soon have access to WA Portal – a web location for sharing documents and providing opportunity for collaboration and information sharing.</li> <li>• DOH is requesting to extend use of the budget proviso funding for this Task Force past June 30, 2022. This extension will allow for staff support to continue for the report due to the legislature on September 1, 2022. When asked for comment, no concerns or objections were raised by TF members.</li> </ul>	<p><b>DOH:</b> Send WA Portal access and web page link to TF members.</p>
Park Rx Program Examples	<p>Theresa Sanders and Hunter George provided information gathered from several Park Rx programs throughout the country and summarized what was learned:</p> <ul style="list-style-type: none"> <li>• Organizational Structure: An anchor organization, a dedicated staff person, and a program champion were seen as keys to success. An advisory board and a working group made up of key organizations such as health care, parks and rec, public health, schools and businesses were also important.</li> <li>• Funding: Mostly grants and other types of short- term local funding. Incentives for providers and businesses were important to include and helped with recruitment. Employee wellness programs often already</li> </ul>	<p><b>DOH:</b> Schedule a “lunch and learn” webinar presentation by staff from other existing programs (Salt Lake County, Pittsburgh, and/or Tennessee) for January.</p>

	<p>include general encouragement to spend time outside. Partnership with other existing referral programs was another approach.</p> <ul style="list-style-type: none"> <li>• Program Models: All programs built off the Park Rx America platform. Referring to a specific program, rather than a general recommendation was viewed as being important for success.</li> <li>• Struggles: Limited funding and staff resources were a challenge. A system for referral and recruitment and a link to insurance were also an issue. Collecting outcome data (did the person complete the “prescription”) to show effectiveness is also a challenge.</li> </ul> <p>While discussing elements desired for a pilot project for Washington, several TF members emphasized the need to “keep it simple” and that recommendations should be for a clean, clear project that can be implemented statewide.</p> <p>A presentation on the program in Salt Lake County UT was planned, but the speaker was unable to attend.</p> <p>See PowerPoint for more details and information.</p>	
<p>Regional Advisory Committee Updates</p>	<p>The RAC Leads (Hunter George, Carrie Hoiness, Amanda McCarthy) shared progress on developing, finalizing and forming the RACs. Forming the Committees was “paused” until more background information was gathered (see above). The Southwest and Eastern RACs are still recruiting individuals, while Puget Sound RAC received many recommendations and needs to make final selection of membership.</p> <p>Discussion focused on the need to ensure a focus on equity and representation of those who might participate in and benefit from a Park Rx program.</p> <p>The timeline for RAC implementation:</p> <ul style="list-style-type: none"> <li>• Invitations will be sent out next week</li> <li>• Meetings are scheduled for January, February, and March.</li> </ul>	<p><b>DOH:</b> Collect ideas on vision for the pilot project and what success will look like. Once collected, will collate and share with RAC leads.</p> <p><b>TF members:</b> Send any additional RAC member recommendations. Send vision and success ideas in response to email from Theresa.</p>

	The group also discussed the need to clarify a vision and “what success looks like?” before asking RAC members to provide input.	
State Advisory Network	Theresa discussed current outreach efforts to form a network that includes both state agencies and other statewide organizations. This group is not a requirement of the proviso, so membership and participation are less defined. A general meeting will be hosted early in 2022, and a meeting to review and discuss the draft Task Force recommendations will be held in March. TF members were asked for recommendations of individuals or organizations to add to the Network.	<b>DOH:</b> Schedule SAN communications and meetings.  <b>TF members:</b> Send suggestions, recommendations, and direct contacts to Theresa
Drafting Recommendations	Theresa presented the timeline and approach for finalizing the recommendations in order to complete the legislative report by September 1, 2022: <ul style="list-style-type: none"> <li>• A solid draft is needed by the middle of April</li> <li>• Structured questions will be developed in January and sent out to TF members. The WA Portal will be used for this purpose.</li> <li>• Responses will be used to create a first draft of the recommendations to be discussed at the February meeting.</li> <li>• Work groups will be formed to finalize the recommendations for another review during the April meeting.</li> </ul> <p>Group discussion emphasized that equity must be meaningfully considered throughout this process.</p>	<b>DOH:</b> Develop and send out document to collect TF member input  <b>TF members:</b> Respond to request for opinions, comments to create draft recommendations.
Next Meeting	Review and discuss final draft  RAC Update  Discuss next phase of recommendation development (work groups?)	