



**Buug yaraha Dhageysiga Caddaaladda
ah
(Fair Hearing Brochure)**

**Gobolka Washington
Barnaamijka Nafaqada Dheeraadka ah
Loogu talagalay Haweenka, Dhallaanka, iyo Carruurta
(Supplemental Nutrition Program For Women, Infants, and
Children WIC)**

Waa maxay Dhageysiga Caddaalada?

Dhageysiga caddaalada ah waa dhageysi sharci ah. Dhageysiga cadaalada ah waxaad sheekadaada u sheegaysaa garsoore. Garsooraha kama socdo dhanka barnaamijka Haweenka, Dhallaanka, iyo Carruurta (Women, Infants, and Children, WIC). Garsooraha ayaa go'aaminaya haddii barnaamijka WIC uu si cadaalad ah kuula dhaqmay.

Waa maxay sababaha loo codsado dhageysiga cadaalad ah?

Waxaa aad codsan kartaa dhageysiga cadaalada ah haddii WIC:

- Ku sheegto in aadan u qalmin barnaamijka sabab kastaba ha noqotee oo adigana aad u maleyneyso inay khaldan yihiin.
- Ay kaa saarayo barnaamijka oo adigana aad u maleyneyso in tani ay tahay cadaalad daro.
- Ay adiga ku weydiineyso inaad lacag dib u bixiso barnaamijka.

Sidee ayaan u codsadaa dhageysiga cadaalad ah?

Waxaad buuxineysa Foomka Codsiga Dhageysiga Caddaalada ah ama warqad u soo qor oona ku soo dir cinwaankaan:

Department of Health
Adjudicative Service Unit
P. O. Box 47879
Olympia, WA 98504-7879

Warqadda gudaheeda waa inaad ku sheegtaa magacaaga, cinwaankaaga, magaca rugta WIC iyo sababta aad u dooneyso dhageysiga cadaalada ah. Fadlan nala soo socodsii haddii aad u baahan tahay turjubaan.

Miyuu jiraa waqti xaddidan oo lagu codsan karo dhageysiga cadaalada ah?

Haa. Waxaad haysataa 60 maalmood laga bilaabo taariikhda warqadda sheegaysa in aadan u qalmin WIC, in lagaa saarayo WIC, ama waa inaad lacag dib ugu bixisaa barnaamijka si aad u codsato dhageysiga cadaalada ah.

Miyaan wali heli doonaa faa'iidooyinka cuntada ee WIC?

Waxaa laga yabaa inaad hesho faa'iidooyinka cuntada ee WIC haddii aad weli ku jirto muddadii aad u qalantay WIC oo aadna ku codsato dhageysiga cadaalada ah 15 maalmood gudahooda laga bilaabo taariikhda warqadda sheegaysa in lagaa saarayo barnaamijka WIC.

Ma heli doontid faa'iidooyinka cuntada haddii muddadii waqtiga ee loogu talagalay taas oo aad u qalantay ay dhammaatay.

Ma heli doontid faa'iidooyinka cuntada haddii aadan ku codsanin dhageysi cadaalad ah 15 maalmood gudahooda laga bilaabo taariikhda warqadda sheegaysa in lagaa saarayo barnaamijka WIC.

Waa maxay xuquuqyadeyda haddii aan codsado dhageysi cadaalad ah?

- Dhageysiga waa in lagu qabtaa 21 maalmood gudahooda laga bilaabo taariikhda codsigaaga ku aadan dhageysiga cadaalada ah la helo.
- Ogeysiiska loogu talagalay dhageysiga waa inuu ku soo garaa ugu yaraan 10 maalmood ka hor dhageysiga.
- Dhageysiga waa inuu ka dhacaa meel u dhow meesha aad ku nooshahay.
- Waxaad keeni kartaa dad kale si ay ku caawiyaan; oo ay ka mid yihiin gargaarka sharciga.

- Adiga iyo kuwa ku caawinaaya waxaad eegi kartaan diiwaanada uu barnaamijka WIC ku soo bandhigi doono barta dhageysiga.

Kawaran waxa dhacaya haddii aan awood u lahayn inaan tago dhageysiga cadaalada?

Waa inaad ku ogaysiisaa garsooraha dhageysiga wakhti ka hor hadii aadan awood u lahayn inaad tagto dhageysiga. Taariikh cusub oo dhageysi ah ayaa la dejin doonaa.

Maxaa ka dhacaya goobta dhageysiga cadaalada?

- Garsooraha ayaa qabanaaya dhageysiga cadaalada ah.
- Garsooraha waxa uu dhageysanayaa waxaa adiga iyo shaqaalaha WIC aad oranaysaan. Garsooraha waxaa uu xaqiijinaaya in laguugula dhaqmay si cadaalad ah.
- Waxaad weydiin kartaa su'aalo waxaadna soo bandhigi kartaa macluumaad, markhaatiyo ama caddayn kale.
- Waxaad sharxi kartaa sababta aad ugu malaynayso in adiga ama ilmahaaga aad u qalintaan WIC, sababta ay tahay inaad u awoodid inaad ku sii jirto barnaamijka, ama sababta ay tahay in aadan lacag ugu dib ugu bixinin barnaamijka.
- Garsooraha ayaa go'aaminaya inaad u qalanto WIC ama aad awood u leedahay inaad ku sii jirto barnaamijka, ama haddii ay tahay inaad lacag dib ugu bixiso barnaamijka WIC, ayadoo lagu saleynayo caddaynta.
- Garsooraha waa inuu ku bixiyaa go'aan qoraal ah 45 maalmood gudahooda laga bilaabo wakhtiga aad codsatay dhageysiga. Waxaad ku heli doontaa warqadda go'aanka garsooraha boostada. Warqadda go'aanka waxaa ku jiri doona ogeysiis la yiraahdo Codsiga ku aadan Dib u eegista.

Maxaa dhacaya haddii aan ku khilaafa go'aanka garsoorka?

Waxaad waydiisan kartaa Xoghayaha Waaxda Caafimaadka (Department of Health) inuu dib u eegis ku sameeyo go'aanka.

Si aad racfaan uga qaadato go'aanka, buuxi Codsiga ku aadan Dib u eegista oo boostada ugu dir Department of Health, Adjudicative Service Unit. Waa inaad tan ku samaysaa 15 maalmood gudahooda laga bilaabo taariikhda warqadda go'aanka.

Xoghayaha Department of Health ayaa badeli doona go'aanka haddii:

- Ay jiraan khaladaad ka dhan ah sharciga.
- Dhageysiga aan si sax ah loo fulinin.
- Garsooraha uusan bixinin tilmaamo cad.
- Aysan jirin caddayn ku filan oo lagu caddaynayo go'aanka.

Waxaad xaq u leedahay inaad yeelato dib u eegis maxkamadeed go'aanka Xoghayaha. Go'aanka qoraalka ah ee Xoghayaha waxaa ku jiri doona tilmaamo ku saabsan sida loo codsado dib u eegis maxkamadeed.

Wac rugta caafimaadka WIC ee degaankaaga ama xafiiska WIC ee gobolka haddii aad wax su'aalo ah ka qabto dhageysiyada cadaaladda ah. Lambarka bilaashka ah ee xafiiska gobolka waa 1-800-841-1410.

Habraacyada dhageysiga cadaalada ah waxay ku saleysan yihiin Qeybta 7CFR 246.9 ee Xeerarka Barnaamijka WIC ee Dowlada dhexe (Federal WIC Program Regulations) iyo Xeerka Maamulka Washington (Washington Administrative Code) 246-10 iyo 246-08-520.

**Qeybta Ka Hortagga iyo Caafimaadka Bulshada
Xafiiska Adeegyada Nafaqeynta
Washington WIC**

Washington WIC cidna ma takoorto.

Sida waafaqsan sharciga xuquuqaha madaniga ah ee federaalka iyo sharciyada iyo qaynuunada xuquuqaha madaniga ah ee Waaxda Beeraha ee Mareykanka (USDA), hay'adan waxaa ka mamnuuc ah takoorida ku salaysan isirka, midabka, asalka qaran, jinsiga, (oo ay ku jiraan, aqoonsiga jinsiga iyo nooca jinsiga), naafonimada, da'da, ama aargoosiga ama aargudashada hawlo hore oo xuquuqaha madaniga ah.

Macluumaadka barnaamijka waxaa lagu heli karaa luuqado aan ahayn Ingiriisiga. Shaqsiyaadka naafada ah ee u baahan qaab kale oo wada xidhiidh si ay u helaan macluumaadka barnaamijka (tusaale, Hab qoraaleedka camoolaha, daabicidda farta waaweyn, cajalada maqalka, Luuqadda Dhagoolka ee Maraykanka), waa inay kala xidhiidhaan Hay'adda Gobalka ama deegaanka ee mas'uulka ka ah maamulka barnaamijka ama xarunta TARGET ee USDA lambarka (202) 720-2600 (cod iyo TTY) ama waa inay la xidhiidhaan USDA iyaga oo u maraya Federal Relay Service (Adeegga Dadka Dhagaha la' ee Federaalka) ee lambarka (800) 877-8339.

Si loo gudbiyo dacwada takoorka ee barnaamijka, Dacwad-qabaha waa inuu buuxiyo Foomka AD-3027, Foomka Dacwada Takoorka Barnaamijka ee USDA kaas oo onleen ahaan looga heli karo barta: <https://www.fns.usda.gov/sites/default/files/resource-files/ad3027-somali.pdf>, xafiis kasta oo USDA ay leedahay, iyada oo la wacayo (866) 632-9992, ama la qorayo warqad ku socota USDA. Warqadda waa inay leedahay magaca, ciwaanka, lambarka taleefanka ee dacwad-qabaha, iyo sharraxaad qoraal ah oo ku saabsan falka takoorka ah ee la soo eedeeyay oo faahfaahsan si loogu wargaliyo Kaaliyaha Xoghayaha ee Xuquuqaha Madaniga (ASCR) nooca iyo taariikhda xadgudubka xuquuqada madaniga ah ee la soo eedeeyay. Foomka AD-3027 ee la buuxiyay ama warqadda waa in loogu diraa USDA;

(1)boostada:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; ama

(2)fakiska:

(833)256-1665 ama (202) 690-7442; ama

(3)iimaylka:

program.intake@usda.gov

Hay'addan waa hay'ad bixisa fursad loo wada siman yahay.

WIC cidna ma takoorto.

Si aad dukumiintigaan ugu heshid qaab kale, wac 1-800-841-1410.

Haddii aad tahay macaamiil dhagool ah ama aad maqal culus tahay, fadlan wac 711 (Washington Relay) ama iimayl udir wic@doh.wa.gov.



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